



**Off-campus parking**  
These tips will help keep you safe.  
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# SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



**Man's new best friend?**  
Duke resident's pet duck offers up many laughs.  
Page 10

MONDAY, MARCH 5, 2012

CONESTOGA COLLEGE, NITCHELDER, ONT.

WWW.SPOKEONLINE.COM

64TH ROAD - RD. 9

## Taking the plunge

By JACQUE BLAKE

The sun was warm and shining brightly, but it was still a little early in the year for a dip in the pool.

Conestoga spent their afternoon "breeze" for a moment" on Feb. 28.

A whopping \$15,000 was raised for the Breast Cancer Research of Canada. CSH program coordinator co-ordinator, Becky Behr, said "many students have had their lives touched by cancer." The Polar Plunge usually raises money for the United Way, however, November was such a success the postcard cancer awareness. CSH decided to donate to breast cancer research this time around.

Due to the mild weather, the event was held on the lacrosse pond to a pool instead of using the pool as in previous years due to the timing.

The Polar Plunge has been taking place for more than 10 years at Conestoga.



PHOTO BY JACQUE BLAKE

Michael Smith, a third-year mechanical engineering automotive student, does a flip into the Polar Plunge pool on Feb. 28. See Pages 6 and 9 for the additional story and photos.

## Conestoga officials recognize the need for larger rec centre

By ANDREW HENRIK

The students of Conestoga College have done just about everything to get a variety basketball team after their coaches to the recreation centre with pool and tennis. Their persistence may finally be paying off.

The college's athletics department has had some conversations about the need for a larger facility to accommodate the growing student population. If a new centre was built, varsity basketball, tennis, volleyball, and other sports could be accommodated.

However, there is much to be done before that can happen. Athletics director, Markie Brown, knows all too well the down for basketball, tennis students.

There for 15 years. We just don't have enough gym time available to run the proper amount of practices nor do we have the gym time to host any home games."

The solution, she says, would be to "build a new building. That's the only way it's going to happen."

Simple enough. The students want it and the athletics department realizes they need it so they just build a new facility and expand the school's existing facilities. Unfortunately, she can't think of a way to do that.

"It's not my decision. It has been talked about. The previous administration is aware that we need it. As far as I know, it is going to happen. But I can't tell you if it is going to happen in three, five or eight years," Ford said.

Ford O'Connell, director of

recreation and athletics at Conestoga College, knows the students desire a basketball team and realize that with the student body having more than tripled since athletics began at the college, it's time for Conestoga to take a step forward in competing in athletics.

"We started in 1968 and probably had about 3,500 students at that point but now we've reached the 8,000 mark," said O'Connell.

"We very much would like to have a new building on the campus plans and so we think that the timing is paid to add that just because of the capacity that building already has during the day and in the evening."

O'Connell also wanted to make sure that everyone knew there would be many more new students would get

out of the new facility other than just basketball.

"The next component of that is to have five gym time for students to get deep in when it's convenient for them whether it's for basketball, basketball, volleyball, or whatever it might be," he said.

"There's so many positives with getting a new facility but those things cost a lot of money and it's not something that you just say today, we're going to build something new, you have to figure out where that money's going to come from."

Overall the students expect to pay for the new facility. "I think it'd be a combination of things whether it would be college money, some money money, whether CSH would become involved. I know they have already had a

health and fitness agenda," O'Connell said.

With talks heating up, the students will be watching just how serious they are and what we can expect to hear an announcement regarding the facility.

"We're just at the point where we are starting to look at the possibilities of what could happen in the future and what our future needs might be," O'Connell said. "I am hopeful that something is going to happen. I really can't put a date on it but, as director of athletics, I am always looking to improve what we have on the college grounds and we are now the fastest growing college in Ontario."

He added Triton is "very active and very motivated when it comes to health and wellness for our students."

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

**What band or artist, past or present, would you tour with and why?**



"Shirley - I like her personality and she speaks two languages."

**Kevin McElroy,**  
first-year  
English in a second  
language

"Tina Turner - he was it  
man before his time."

**Christina Pennington,**  
first-year  
PSYC



"Elton John - I've been a fan for a lot of years. I respect him and love his music because it's a very enjoyable guy."

**Lauren O'Brien,**  
third-year  
student

"Celine Dion - when she performs it makes me feel comfort able because I can relate to him."

**Isabella Alvarado,**  
first-year  
English in a second  
language



"Chris Lake - I like his work even though I don't know much about his personality."

**Chris Lake,**  
first-year  
English in a second  
language

"The Roots - I like the atmosphere during their live (or sometimes). They're very engaging people."

**Zack Smith,**  
first-year  
graphic design



## Students vote yes to U-Pass

By JESSICA MILNE

The majority of the students who voted in the U-Pass referendum held by Conestoga Students Inc. (CSI) from Jan. 20 to Feb. 3 were in favour of the plan to add a bus pass to tuition fees in 2009.

The survey, which was completed by 1,816 students, was sent to students e-mail accounts at three e-mail in full-time programs at the Cambridge, Deon and Waterloo campuses.

Now that CSI has student approval they will begin working with Grand River Transit (GRT) to negotiate a contract.

In the announcement sent to students after the vote was tallied, CSI states that the vote only permits them to start negotiations, and that a number of concerns are still to come to be seen that students have a chance to give their input on it by what they want. The pass is not final, and won't go through if students vote against it in

the future.

So for the plan proposes a \$80 fee for all full-time students per semester, which will pay for GRT bus passes to all 18,000 more hours of service annually and 10 more buses to service the Cambridge, Deon and Waterloo campuses.

Since the pass is still in the works, nothing will be put into place until the fall 2008 semester, as students making a bus pass this September would still plan on buying a

## Helping the cure for heart disease hurry hard

By JESSICA MILNE

Waterloo Region nurses were throwing money to fund hearts as sold at a raffle on Feb. 17, during the Heart and Stroke Foundation's 10th annual Curling For Heart Campaign at the K-W Granite Club.

Although the attendance was lower than previous years, 24 teams participated and raised over \$15,000.

Over 20 businesses, including Centre in the Square, Dalton David and Real Chocolate, donated prizes for participants to help in starting a silent auction with all of the proceeds going to the Heart and Stroke Foundation. Pennington also enjoyed a free lunch donated by Big Printing.

Lauch was followed by guest speaker, Paul Robinson, who had a heart attack in October 2007 while playing hockey. He talked about his story as well as the importance of taking care of yourself and the accessibility to defibrillators.

"I tell people to change their life habits as they're not smoking, it's good to do a combination of both," he said. "When you eat, don't eat big meals at once, eat more smaller meals."

Shortly after his heart attack, Robinson began making public speaking appearances on behalf of Emergency Medical Services as an attempt to acquire more defibrillators in public places.

"About four years ago there were something like 42 AEDs around. The last event that I got there was 120 and has really helped," he said.

The tournament was won by the K-W Granite Ladies team, who beat Manulife

Knobs by one point.

Mayor Laing, program co-ordinator for Waterloo Region's Heart and Stroke Foundation, was pleased with the outcome of the event.

"We are down in numbers this year but many of our curling teams are returning and they had a great time," she said. "The volunteer committee worked very hard on this year for the last four months and there had been paid off."

Laing also said that about 4,500 people in Waterloo Region are hospitalized each year from heart disease and stroke-related conditions. The University of Waterloo also has two research teams which allow most of the money that is raised to stay in the region.

To donate to the Heart and Stroke Foundation, visit [www.heartandstroke.com](http://www.heartandstroke.com)



PHOTO BY JESSICA MILNE

Customers from around Waterloo Region attended the Heart and Stroke Foundation's 10th annual Curling For Heart Campaign on Feb. 17 at the K-W Granite Club. The teams raised over \$15,000 while participating in curling and a silent auction.

## LAST THOUGHTS





# It's now or never

Students need to stay focused  
in order to get their diploma

**BY JESSICA BLANCH**

For some students, that desired piece of paper is slowly falling out of reach.

Even though graduation is right around the corner, it's harder than ever to stay motivated.

It's a long way from home and it seems like there's nothing that could fill the void, and even though being on the home stretch, finding the motivation to get out of bed and head to class seems so difficult.

The good thing is that there is only eight more weeks until summer vacation and, for some, graduation, but what seems to be the hardest thing to do, is getting out of the "so close, yet so far" mental state.

Some students are showing signs of seasonal affective disorder or depression. A lot of people would think, "Well, just get up and do something about it," but it's harder than that. As much as one would like to get up and feel happy and get out of the house, there's a weight that keeps you from the "I love life" moments.

The stress of getting your diploma can be overwhelming, especially when combined with homelessness. It seems so easy to just give up, but don't. One and a half years or more of post-secondary education is far too long to just give up on. Finding even one person will motivate a step back in the fall and will save you time, stress and dollars.

If you are feeling depressed or unmotivated, get help, whether it be from your family physician, a doctor at campus or Counselling Services.

Just talk to your teachers. Tell them how you are feeling, so they know you are struggling and not just lazy.

Try not to procrastinate, organize your work into small chunks, keep your focus to the graduation, meet deadlines and, most of all, stay positive.

The more letters represent the position of the envelope, not necessarily the author.

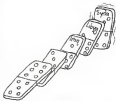
## Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification. We apologize letters will be published. Letters should be no longer

than 500 words.

Spoke reserves the right to edit any letter for publication. Address correspondence to:

The Editor, Spoke, 205 Dean Valley Dr., Room 1205, Vancouver, B.C. V6C 2M8



*Matthew Cook*

## SAD can be debilitating

It's the beginning of March and we have approximately six weeks before the school year ends. Would think that would motivate students to work harder than they've ever had to work before in order to get those missing marks completed on time. However, some students just don't feel like they have the energy to do any work. They're burnt out.

You're probably wondering how that's possible considering we're just over a week from ending work and had three weeks off during the holidays. How can you be burnt out after all that time off?

It's a condition known as seasonal affective disorder or SAD for short. SAD is a type of depression that follows a seasonal pattern. For example, a person who is susceptible to this disorder may fall into a type of clinical depression that may begin in late autumn and last until spring.

SAD can be debilitating, preventing those affected from functioning normally. It can affect their personal and professional lives, and seriously limit their potential. It is important for sufferers to learn about the symptoms so they can seek the proper



**Ashley Whitford**  
Contributor  
Opinion

### symptoms

Symptoms can be difficult to diagnose as many of them are similar to those of other types of depression or mood disorders. These physical symptoms such as sleep problems can look like depression. Classically, symptoms that occur like at least two consecutive winters without any other explanation for changes in one's behaviour can indicate the presence of SAD.

Symptoms include a change in one's appetite, in particular a craving for sweet or starchy foods, weight gain, decreased energy, fatigue, tendency to procrastinate, difficulty concentrating, irritability, a reduction of social activities and feelings of anxiety and despair. Symptoms of SAD usually disappear when spring arrives. For some people, this happens suddenly. For others, the effects of SAD gradually disappear.

Research in Ontario suggests between two per cent and three per cent of the

general population may be at risk of SAD. Another 10 per cent have a less severe condition, described as the winter blues, which is often mistaken for SAD.

SAD may affect some children and teenagers, but it tends to begin in people over the age of 20 and is more common in women.

If you notice from some of the more severe symptoms, you should seek professional help. People with mild symptoms can benefit from seeing their doctor outdoors during the day or arranging their commitments so that they receive maximum sunlight. For example, keep meetings open during the day or more formal so that you can sit near a window.

Exercise can also help with the symptoms. Try to build physical activity into your lifestyle before SAD symptoms take hold. Study a habit of taking a daily walk. The increased exposure to sunlight can reset your system.

SAD is not something you have to live with. It can be treated. For more information, you can contact Counselling Services or a community organization such as the Canadian Mental Health Association, to find out about different treatments.

## SPOKE

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# Cambridge couple aboard Costa Concordia

Recall time spent on ill-fated cruise ship four months prior to wreckage

By STEPHAN RALBY

When Glen and Debbi Drinkwater decided to end their three-week European holiday with a cruise, they hadn't realized they'd be among the last to step aboard the Costa Concordia.

When the vessel ran aground in mid-January, the incident made headlines worldwide. However, video coverage of the submerged vessel had been far less than the Cambridge couple.

Four months ago, Debbi and Glen, seated close together, sat in their stateroom and conversed with their many crew members. The encounter was still vivid.

"I remember the one waiter who was charming. He was extremely pleasant and very accommodating," said Debbi, recalling her encounters with the crew.

Four months later, the man's photo was broadcast on television as one of those missing.

"I had also started feeling knowing I was there (last year) I never thought this could happen."

She also recalls seeing another man hourly during her time spent on the Costa Concordia. Disoriented as a seemingly arrogant man, dressed in a captain's uniform, Debbi recalls a beautiful woman on his arm at all times.

Casually strolling along the deck and dining in the dining room, they could tell that Francesco DeBottis — captain during the Jan. 12 collision — "inspired respect." According to Debbi, rightfully so.

"The point is that huge four-wheel were crowded with other cruise ships as well as commercial vessels

The captain maneuvered our ship with care into these small spaces."

Perhaps because of his obvious skill he thought he could safely pull off a showmanship.  
— Debbi Drinkwater

A second first captain, among the first things Glen Drinkwater did after boarding the ship was establish an appropriate escape route. The couple began to be so smugging the number of doors from their room to the general exit.

If the lights went out, we could feel around for the doors and navigate through the halls."

Nearly 24 hours after

departing from harbour, the Drinkwaters were given a lifeboat drill, a safety measure required of cruise lines.

"I thought they could have given us the drill a little sooner," said Debbi. After all, "we had already been at sea for a day."

According to the Drinkwaters, this wasn't the only safety issue.

"It was very difficult to understand the Italian announcements" — an apparent problem in emergency situations. "The passengers knew nothing when there was a problem. The crew is told not to alert us."

The Drinkwaters' vacation ended with the couple escaping off the stricken ship, onto the port and returning home safely.

As they recalled the story several, their own trip seems like yesterday. Debbi and

Glen couldn't help but feel uneasy. Their recent photographs of a pleasant holiday have been overwritten with images of tragedy and catastrophe.

Debbi says the recorded conversation between the coast guard and captain was "unbelievable."

"I never met a captain who would abandon distressed passengers," she said. "Perhaps because of his observation still he thought he could safely pull off a showman's play."

He was a knowledgeable captain who made no room for judgment," Glen added. "We both think he had moral obligations to make sure his passengers and crew were safely off the vessel."

Of the 3,299 passengers and 1,023 crew members, all but 32 were rescued or made it to shore safely.

# NOW HIRING!

## 2012-2013 Part-time Positions

**Summer 2012 Full-time Positions**

- Graphic Design Intern
- Orientation Interns
- Broadcasting Intern

**Information Desk Staff**

**Respect Leaders**

**Office Assistants**

**Promotions Assistant**

**All Applications are DUE March 8th**

[www.conestogac.on.ca/studentlife](http://www.conestogac.on.ca/studentlife)

**Student Life**  
Shape your experience

## Calling all entrepreneurs

By **MARGARET L. ORRILLAS**

The Waterloo Region Small Business Centre is accepting applications for their Summer Company program.

If you are a student between the ages of 15 and 20 and are interested in starting up a business or learning more about business, you could be eligible for this program.

The Summer Company 2012 program provides hands-on experience from local community business leaders who provide mentoring and support to assist the students with their goal of creating a business.

It is sponsored by the provincial government, and enables students to start and run their own business.

"If you are looking for an exciting business opportunity to be your own boss this summer, Summer Company is for you," said Chris Farrell, manager of the Waterloo Region Small Business Centre.

Last year the program had 24 participants including high school, college and high school students. Eligible students can also receive a reward of up to \$5,000 to start up their own business.

The deadline to apply is May 5, and everyone is encouraged to apply early since space is limited. For information, visit the website, [www.ontario.ca/summercompany](http://www.ontario.ca/summercompany).

"Not only do you get to run your own business, you will gain valuable entrepreneurial skills and funding to make your idea a reality," Farrell

said.

The Waterloo Region Small Business Centre is located in Kitchener City Hall, with other locations in Waterloo and Cambridge. They help entrepreneurs and small business owners develop their current or new business.

The centre provides services including assistance business registration assistance, market research assistance and one-on-one consultation and advice.

The seminars in March include *Planning and Researching Your Market* on March 6, and *Young Entrepreneurs Start-up Planning* on March 12, and *Income Tax for the Business Owner* on March 18. These information seminars are usually held two to three times a week with no more than one session a day.

Another opportunity for aspiring business owners is the Canadian Youth Board Foundation (CYBF) which assists young entrepreneurs, aged 15 to 24, with starting a business idea into reality.

Starting people have the opportunity to be involved in creating a business plan, overcoming challenges, financing, marketing and selling their business. CYBF has awarded to more than 4,000 young entrepreneurs who have created successful businesses that have benefited many thousands of people since starting up a new business in 1980.

For more information about CYBF, visit [www.cybf.ca](http://www.cybf.ca).

## Learning Groups Winter 2012 Schedule

Learning groups are free weekly study groups that are designed to help students through academically difficult courses. They offer a chance to meet with a senior student and other classmates to compare notes, discuss concepts, develop learning strategies, and prepare for exams.

This semester learning groups are offered in the following courses, all you have to do is turn up!

Eng 1/2/3	Room Number
<b>Pre-Calculus</b> <b>Calculus</b> <b>Leader: Jason</b>	<b>1000 (Shaw)</b>
<b>Mondays</b> Jan 30-Mar 12 4:00 p.m. - 6:00 p.m. *not running during reading week	
<b>SCIENCE</b> <b>Chem 101/102</b> <b>Leader: Justin</b>	<b>2420 (Shaw)</b>
<b>Fridays</b> Jan 26-Apr 13 4:00 p.m. - 6:00 p.m. *not running during reading week	
<b>Accounting</b> <b>Accounting 1</b> <b>Leader: L</b>	<b>2520 (Shaw)</b>
<b>Fridays</b> Feb 3-Apr 13 9:00 a.m. - 10:00 a.m. *1 hour session running during reading week	
<b>Mathematical</b> <b>Statistics</b> <b>Engineering</b> <b>Physics</b> <b>Leader: Tim</b>	<b>A210 (Cambridge)</b>
<b>Mondays</b> Jan 29-Apr 16 12:00 p.m. - 1:00 p.m. *not running Feb. 27 & Feb. 28	
<b>Architecture</b> <b>Mathematics of</b> <b>Materials</b> <b>Leader: Mark</b>	<b>A211 (Cambridge)</b>
<b>Thursdays</b> Feb 8-Apr 19 11:00 a.m. - 12:00 p.m. *1 hour session running Feb. 23	



### COUNSELLOR'S CORNER: *Multi-culturalism*

Have you recently moved from your home country to Canada? Is English your second language? Are you on an international student visa, or landed immigrant status, or did your family originate from a country other than Canada? Have you recently emigrated from a war-torn country? Are you dealing with issues such as culture shock, unemployment

with college or community resources, racism, or a lack of cultural familiarity? Will you be experiencing a Canadian winter for the first time?

Our college community is becoming enriched more and more with students from various cultural backgrounds. This creates a wonderful opportunity for growth, learning, and diversity. However, it can also pose transition issues for those who are new to the country and the college. If you feel you need support dealing with these transitions, help is available. You can talk to your teachers, classmates, friends, or counsellors in Counselling Services.

Counsellors in Counselling Services can meet with students individually to help students with cultural adjustment issues. In addition, ULU staffs various culture shock workshops as a part of their curriculum. Students can also make an appointment to converse individually about cultural adjustment difficulties. International students can also look forward to our annual fall event, *Survivor Conscience*, which makes international students aware of cultural adjustment issues, health issues and safety issues.

To learn more about resources of the college and in the community, visit Counselling Services in ULU1. We are located in the lower level of the Student Life Centre Annex.

*A Message from Counselling Services*

An exciting new Heart & Stroke health fair. Professional staff, health fairs, health checkups, shopping choices and reduced prices for you. Join the beginning. Make healthy choices. Your heart depends on it.



## Are you interested in a Career in Health Informatics?

The second regional Career in Health Informatics and Health Skills (CHHS) will take place on Thursday, March 22, 2012 from 9 AM to 4 PM in Waterloo's City Hall.



Health informatics is the study of how information is used in health care. It is a rapidly growing field that combines computer science, health care, and business. The CHHS event is designed to help students learn more about this exciting career path. The event begins with a presentation on health informatics, followed by a panel discussion with experts in the field. There is also a chance to meet with employers and learn more about job opportunities.

The event is free of charge.

Food and drink will be provided. An admission charge will apply.

We hope to see you there!

**National Student Program**

Please pre-register by March 15th to be eligible for the special discount. Register at [nsp.studentprogram.ca](http://nsp.studentprogram.ca).

Speak to us with any questions at [info@nsp.studentprogram.ca](mailto:info@nsp.studentprogram.ca)



## THE MUSEUM offers cultural content

By TERRY ROSE

More than six years ago, THE MUSEUM, on 16 King St. W. in Kitchener, came to be.

It was initially called the Waterloo Regional Children's Museum, but underwent a name change in 2011.

Previously, it was a department store called Gordmans. But a half-hour 20 years ago for names, children and other people lived the floors and shelves. Instead, the building has an empty and boarded up.

Knowingly, the community came together to make a change.

"It was partially young families wanting to have a place for children but it was also the development of technology companies such as IBM, with the desire to know," said David Marshall, CEO of THE MUSEUM. "So, they wanted to have cultural things for their children to do when they moved to this community."

The community raised \$17 million during a capital campaign to create the building standing today.

People gave what they could, which ranged from \$5 to \$1 million. Millions-dollar donations were made by at least four IBM employees.

Currently, feature exhibits include "Arco" The Hockey Exhibition, which is a collect series and hanging there on the science, history and art of Canada's multi-level system. It is on until May 1. Just a few of the permanent exhibitions include:

- **Topopop**, a colorful area designed for children up to four years old, so they can show their creativity.

- **Construction Area**, where children can create a water-wheel using rubber bands.

- **And the Winner Is...** Touch it and watch the energy try to escape through your hands.

When the Waterloo Regional Children's Museum first opened, their mission statement was "to place science and technology next to stimulate creativity and to promote learning." It was a place where visitors could apply their artistic imaginations to reveal the conceptual, unconventional, and even outrageous possibilities of technology.

THE MUSEUM's mission today is "to open the place for fresh cultural content and use it to design experiences that stimulate transformational connections for their visitors."

"I would like it to become a positive cultural destination depending on a broader demographic both for up and going together and it to become sustainable," Marshall said.

He was the director of marketing at the Canadian



PHOTO BY TERRY ROSE

Children and their families on Family Day weekend enjoyed The Hockey Exhibition and other family activities.

National Exhibition while the campaign was being held. He was contacted by a search firm that was responsible for replacing the CEO of THE MUSEUM. They asked him if he was interested and eventually made him an offer, which he accepted.

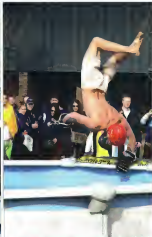
He has been the CEO for two years, and moved to Kitchener from west Toronto after commuting back and forth for a year.

As of this year, Marshall is now teaching an event planning course for the public relations program at Centennial.

"I got to know some people at Centennial, one of them being Mark Dero,," Marshall said.

"One day we were chatting and it just came up. From his perspective, I have the experience and from mine, I thought it would be fun and a good way to get closer to my kids. It was back to a school that has always been in helped to THE MUSEUM."





PHOTOS BY LASHON BLAIR

Participants plunged to raise money for the Breast Cancer Society of Canada during Canoeing Students Inc.'s annual Polar Plunge on Feb. 28. Jumpers dressed up in costumes and raised a total of \$122,000.

People who hopped it up included Mark Martin (top right), a third-year mechanical engineering undergraduate student, and Jeremy Schoenbaum and Justin Williams (below), both second-year architecture—project and facility management—students. Tara Krulic and Steph Krulic (bottom photo), both third-year business and administration marketing students, sold hot hot floats at the event.



# FREEZIN' FOR A REASON

FOR A

Polar Plunge participants raise \$12,000 for Breast Cancer Society of Canada

## PLUNGE INTO

The KRAULIC paired in this year's Polar Plunge on Feb. 28 helped warm up the afternoon, participants — along with free soup, hot chocolate and energy drinks.

"When something like so does to have it makes you do more things," said Jeremy Frost, a first-year general arts and sciences student. The event, though, also was related to the fundraising for Ladybug, a charity for young women by wearing pool floaties, and the event was held to help for breast cancer research.

April the wasn't the only one, about 50 people to go, some or participated into the pool to support Ladybug's Charitable Students and Polar Plunge. Julie Devore and Jeremy Frost, both first-year early childhood education students,

kept their heads off the jump they were about to make by competing in a dance off held by the women's radio station, 88.1 CJSR. Both were up against the dance in behalf of their grandmothers who had breast cancer.

H

We're saving boobies and looking at a time!  
— Steph Krulic and Tara Krulic

H

First-year general arts and sciences student, Jeremy Frost, kept their heads off the jump they were about to make by competing in a dance off held by the women's radio station, 88.1 CJSR. Both were up against the dance in behalf of their grandmothers who had breast cancer.

She made sure to show her enthusiasm — and prepared, too — for the plunge with a quickly blue diving mask and snorkel in complete her already misadventure.

Other participants, past named a third, Jeremy Frost, Jeremy Devore and Justin Williams, all General planning students, were helping to relieve some of their mother's stress in addition to supporting the cause.

More money was raised beyond the fundraising done by participants through a raffle for the Ladybug floaties. People who donated to the breast cancer research received a ticket.

"We're saving boobies and looking at a time!" said Steph Krulic and Tara Krulic, both third-year business administration marketing students, who were selling the tickets.





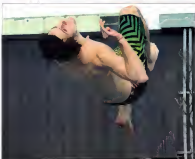


PHOTO BY ALYSSA BRUNER

A pole plunge participant takes a moment to celebrate after completing the jump despite the chilly conditions.



PHOTO BY ALYSSA BRUNER

Jumpers took the plunge in 2 C weather. A pool was used instead of the pond because the creek water freezes around the ice isn't thick enough to walk on.





# HOROSCOPE

Week of March 4, 2012

**Aries**  
March 21 - April 19

You, yourself is the person to be able to communicate with people you care about, but allow them the chance to speak as well.

**Taurus**  
April 20 - May 20

You may find yourself repeating a lot of the same tasks, but don't worry, it's all leading to something bigger.

**Gemini**  
May 21 - June 21

You are slowly developing patience with others. This week will be a major test of what you have learned.

**Cancer**  
June 22 - July 22

You have a chance to improve on all the mistakes you have made recently, just don't end up making the same mistakes twice.

**Leo**  
July 23 - August 22

Criticism is meant to help you do better on something, don't take it too hard, people are not trying to hurt you.

**Virgo**  
August 23 - September 22

You have openly been frustrated because of the numerous workload you have completed. I predict it will be complete, people will be happy, and you will be happy too.

**Libra**  
September 23 - October 23

You've heard or work on a project you are proud of, but if you aren't ready for the spotlight to be on you, just quietly go about your work.

**Scorpio**  
October 24 - November 22

You will find yourself putting off the work that you need to get done for a while, but you don't have to, you just need to get your feedback from work.

**Sagittarius**  
November 23 - December 22

Your past will come back to haunt you, but always keep in mind the steps you have taken towards a better future.

**Capricorn**  
December 23 - January 19

A person you care about may come back to visit, but it's up to you to tell them that they have overstayed their welcome.

**Aquarius**  
January 20 - February 18

You will be delayed by all the things that are out of your control, just try and do the best you can with the situation you have been given.

**Pisces**  
February 19 - March 20

Your life is pretty well set at the moment. You think of big with a good paying job and people you enjoy spending time with, enjoy it while it is there.

Kenneth Beltrami is the resident astrologist who passed into the aether and now it's your turn for the last time, raising the universe to unfold before him.

# Cheap Girls release new album



**Sarah Shaw**  
Opinion

Every once in a while a record comes out that shows immense undeniable talent. — a record that makes your skin crawl with emotion, making you want to cry tears of joy and sorrow all at the same time.

Cheap Girls' new gem, *Good Change*, offers you that type of experience.

Produced by Tim Doherty of the Gaslighter, the punk band, *Agony 101*, the album shows examples of a blend of hard and slow rock music that allows them to best impossible timing, well placed lyrics and a full heart and soul effort.

The original recording contains 10 tracks with an additional bonus track on the first thousand released, and

includes classic rock and roll songs. With just five tracks throughout many songs, fans can enjoy an interesting acoustic break, four tracks in all, to keep it going.

Referencing iconic punk legends, Social Distortion, on the upstart, first track, "If You Can't Dream" allows for fans to enjoy rock from start to finish. The album's bonus track, "Don't Lighten, Always Time to hear the band's other and more complex approach

to music making with a country/folk feel, which is broken up by a strong drum solo part of the way in, and dark rhythmic sounds throughout.

Cheap Girls puts forth an effort that is often missing in many new releases among the underground landscape, which is more quickly produced and recorded material.

*Good Change*, the third full length album by these boys from Lansing, Mich., stays true to their unique blend of folk, haunting vocals and heavy post-hardcore sound. And it's a very reassuring example that will receive love from the greatly underrated punk-rock scene, which is still producing new and innovative true fans.

## celebrating cultural Diversity week

MARCH 5-9 AT DOOR CAMPUS

### ALL WEEK AROUND CAMPUS

Well, the campus activities will be busy here you can celebrate cultural diversity!

- International Education Office
- Library Resource Center
- Quality & Diversity Services
- Chancellor's Office
- Academic Services
- Community Student Dev.
- Learning Services
- Career & College Transition
- Counseling Services
- Residence
- Student Life
- Student Services

### WHAT'S HAPPENING IN THE STUDENT LIFE CENTRE

#### MONDAY

**WORLD CULTURE DISPLAYS & ACTIVITIES**  
Hosted by: Professional Services program  
English Language Studies program

8am - 4pm

#### TUESDAY

**MULTICULTURAL FASHION SHOW**  
Hosted by: Student Life Department  
CU Clubs

12pm - 1pm

#### WEDNESDAY

**WORLD CULTURE DISPLAYS & ACTIVITIES**  
Hosted by: Public Services (English) program  
English Language Studies program

9am - 10am

#### THURSDAY

**WORLD CULTURE DISPLAYS & ACTIVITIES**  
Hosted by: "World Cultures" (English) Studies course  
English Language Studies program

8am - 10am

#### FRIDAY

**WORLD CULTURE DISPLAYS & ACTIVITIES**  
Hosted by: Community & Social Service Management program  
English Language Studies program

11am - 1pm

Hosted in partnership with

qpr-student.com



# Kart your way to victory

By **DAVID LEECH**

You don't need a license to drive your way to victory with Nintendo's Wii entertainment system game, Mario Kart Wii.

The eighth game in the series offers the same fun, zany races as past Mario Kart games, such as those from for the Nintendo 64. In fact, the game offers a blast from the past by revealing that it uses two levels from multiple previous versions of Mario Kart as well as new ones.

This means you can race the first of the longer Nintendo Mario Kart racetracks, such as Super Mario Circuit, at 60FPS. Circuit is on a Wii Remote. This could be a disappointment to some as the game is not full of completely new material. The gaming media use the name to promote version as well.

But, the Wii Remote is a bonus. To use it as simply steer in a wheel, by holding the Wii Remote vertical, you hold the direction buttons down and steer as you would a car. This simplicity provides gamers with a more intuitive video game that both parents and challenge players to keep driving.

Let's not forget the steering wheel you can use with the Wii Remote to better increase the power into the driving experience that is known as Mario Kart.

There are other ways to drive of steering is too difficult. The game is compatible with other controllers such as a Nintendo 64 controller and the Nintendo GameCube controller.

And the one player mode isn't any like other Nintendo Wii games. There are loads there made for each mode that you are required to beat. Most of the tracks were created by the Nintendo staff themselves.

Racing against one track or playing competitive modes offers the chance of karts and bikes on this game. The more you race, the more you will unlock things.

"Grand Prix" mode offers a really challenge with speed of some ranging from 500 down to 100 to allow difficulty. Unlocking of characters requires you that completion of all challenges, including over coming a grading system set to each individual race.

And who says you want to be a serious character? In Mario Kart Wii you can be who you want to as it allows you to use



Nintendo Game

In Mario Kart you can race at home against your friends or race online against hundreds of people from around the world. Choose from 24 different characters and 20 different vehicles.

your custom made life character on the Wii channel.

This means you could drive as yourself or anyone else you've created a profile as on your Wii Channel. Based on the Wii home menu.

Nintendo says outside the box with their Wii capability with this game, allowing you to play with people around the

world. With over 20 million copies sold, it'd be hard to not find someone playing online at any given time of day.

Unfortunately, not everyone online will be using the same controls, and it is very in the hands of the player using a GameCube controller will be lost to much challenge as when using a Wii Remote as

the remote requires much more mastery.

All in all, Mario Kart Wii is a fun casual kart-racing game, best to the infamous Wii Sports for a reason. The integration of the Wii Remote provides a great addition to any gamer who is looking for something both old and relatively new.

## Games Exchange sells classics and rarities

By **DAVID LEECH**

Independent movie and game stores are becoming scarce as chain stores and discounting prices drive them out of the market. Yet there is still an experience like walking into a store and finding rare titles and beloved classics.

Games Exchange has been in the used game market for over 20 years. Based in Dartmouth, Devonshire near the bus terminal, they buy and sell games for pretty much every game system ever released. From console systems such as the Atari 2600 PlayStation 3 and Wii to classic consoles such as the Super Nintendo and Sega Genesis, you can always find games from every well known game era system there - the Nintendo Entertainment System (NES). Every now and then, they have a bunch of Atari games available as well.

"We take used games for pretty much everything," Stephen Collins, a manager at the store, said. "You can often find well-

known games such as Mario Double Kick or Killzone 2, but it's the rare titles that fly off the shelf."

"Recently we had Pac-Man, it's not common by now, but it's a highly sought after game for the Super Nintendo. It's worth £100 we said it is days."

Occasionally they will receive rare game consoles as well.

"About a year ago we had a Panasonic GD-7. The GD-7 was Panasonic's attempt at entering the video game market but it was cancelled so you either it released, with only two million units sold."

When you walk into the store, you're immediately surrounded by racks of used games. The store usually always about five rows of TV's and working game consoles set up so you can test games before you buy them. The store wall on the right is covered with PlayStation 3 games the PlayStation 3 is still the top-selling home console ever! Most of the store's classic games are to the left.

The store is decorated with old game posters and many rare games. Behind the counter are shelves full of game and system boxes.

There is a display case to the left of the front counter that holds any rare games or systems in that store, including an S.D.B. necessary for the NES, which is usually lacking a portable game system as a rare game in the hands of S.D.B. is a rarity that is virtually unseen. It is also usually houses the unboxed games for the NES (SNES) and the Sega Genesis.

Personal trading card games, Games Exchange will replace batteries for cartridge-based games (you need a working battery to save your game progress). They'll also develop the console's static electricity discharging to short or firing high school students for no-ops online.

To learn more, or to see what used games are available, visit www.gamesexchange.co.uk. The store is at 51, Queen St, S. Devonport (01392 745 5522).



Photo by David Leech

N.O.B., a short acronym, is holding the first Star Wars game ever released by a home game console. Both are for sale at Games Exchange in downtown Dartmouth.





# St. Patrick's Day **NOONER**

IN THE **CS** SANCTUARY

THURS. **MARCH 15** 2012 12-2PM

**BAR** <sup>WILL</sup> **BE OPEN**

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